Our values play an important role in our career decisions. If you find yourself struggling with your current corporate culture, it may come down to a clash of values. Values are principles or standards of behavior that we believe are important in life and business. For example, many of us place a high value on honesty. If we feel that we are routinely being lied to by our boss, we will have a difficult time working for him or her.

Let's take a closer look at your values and why they are important to you.

List your top 5 values. These are values you are not willing to compromise under any circumstances. Behind each value, share why this value is important to you.

_____
_____
_____
_____
_____

Write down 3 times in the last year where you felt your values were being compromised. How did this make you feel and what did you do to maintain your integrity?

_____
_____
_____
_____
_____

What are 5 important values you will seek from your next employer? Why do you believe these values are important to your success?

_____

_____

_____

_____

_____