



A Personal & Professional Development Company

This exercise is designed to provide you with total clarity on why you are choosing to resign from your current career. This is a meaningful way for you to clear the air on your current career and describe what you will take with you into your next career. This is NOT a letter you will send to anyone; it is simply designed to help you anchor in what you desire to attract.

**Some suggestions for what to include in your resignation letter...**

**Why are you leaving?**

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**What did you enjoy and learn from your time there?**

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**What fell short of your expectations?**

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**What are some of the lessons you learned?**

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**How do you intend to use these lessons in the future?**

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**Who do you desire to become in the future?**

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**What experience have you gained?**

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**How will you use these experiences to enhance your professional life?**

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